

## Abstract

A method and devices for facilitating fixating and joining of bone fractures utilizing expandable devices that are positioned within the bone and across the fracture site. The stress from the expanded may enhance and expedite bone healing.

1. A method for facilitating bone healing, comprising:  
a. providing a bone having a fracture;  
b. providing an expandable device;  
c. positioning the expandable device within the bone and across the fracture site;  
d. expanding the device to fixate the bone and expedite bone healing.